

NABA CHECKLIST:

FROM APPLICATION TO DEPARTURE



PROGRAM APPLICATION

You've completed your SAI application: submitted online application, supplemental materials, and application fee. Please ensure you have also done the following:

- Visit your study abroad advisor (if applicable).** Speak with your study abroad advisor to gain approval, discuss credit transfer eligibility, and fill out any forms required by your home institution.
- Visit your financial aid advisor (if applicable).** If you are currently receiving financial aid, check to see if your aid is transferable to your term abroad.
- Apply for or renew passport if you do not have one already.** Check passport expiration requirements: [country specific](#).
- Receive invitation to SAI student portal via email.** All communication from SAI will also appear in your [student portal](#).



ENROLLMENT CONFIRMATION

- Get accepted.** You will receive an acceptance via email.
- Submit program deposits.** Your acceptance email will prompt you to submit deposits to confirm your intention to pursue the program.
- Receive email from Business Office.** This will include detailed payment amounts, due dates, and how to use financial aid.
- Receive your enrollment confirmation email.** Once the deposits have been paid, you will receive an email confirming your place in the program.
- Receive detailed program information emails.** You will receive a series of 3 emails with details about your program.



FINANCIAL INFORMATION

- Submit payments.** Submit all payments according to the payment deadlines received via email.
- Submit financial aid forms.** If applicable, the SAI Business Office will send you an email with forms to fill out which allow you to defer balance covered under financial aid.
- Optional:** Submit an SAI [scholarship application](#).

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ACADEMICS

- Course selection:** You will select courses during the application process.
- Course schedule:** Course schedules are confirmed 4 weeks prior to the program start.
- Submit** paperwork to SAI for learning disability accommodations at host school (if applicable). Speak with your SAI admissions counselor early to learn what types of accommodations are available.



STUDENT VISA (IF REQUIRED)

- Review visa instructions:** If your program length requires a visa, you will receive an email entitled **SAI Milan Mandatory Visa Instructions**. Review it promptly and carefully and begin the process as soon as possible.
- Attend visa webinar (semester only).** You will receive an invitation via email to join a helpful webinar presented by SAI Student Visa Director.
- Receive visa documents from SAI (if visa is required):** You will receive 3 important letters from SAI for your visa application.



TRAVEL ARRANGEMENTS & PACKING

- Book flights.** You are responsible for making your own travel arrangements. We recommend Waldorf Travel Service (info@waldorftravel.com or tel 503.233.4053). Pay careful attention to your SAI program's arrival and departure dates and times and do plenty of research to make sure you get the best deal on your flight.
- Complete the SAI pre-departure form once you have booked your flights:** [pre-departure form](#).
- Create packing list.** Use the one included in your student handbook as reference and make sure you check your airline for any baggage restrictions. Keep in mind that your apartment may be up several flights of stairs.

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PREPARING TO LIVE ABROAD

Handling Money

- Understand the exchange [rates](#).
- Call your bank/credit card company:**
 - Inform them that you will be out of the country and making transactions from abroad.
 - Make sure your ATM card and pin will work abroad; you will need a 4-digit pin.
 - Learn what foreign transaction fees they charge.
 - See if they have any partnerships with international banks to minimize transaction fees.
- Purchase international currency at your local bank or at the international terminal of the airport (we recommend arriving with 200 euros).
- Put together a budget for your time abroad of estimated and fixed expenses. Refer to your student handbook for a sample budget.

Health

- Vaccines.** Be sure that you are up to date on all your shots (especially meningitis).
- Prescriptions.** Have sufficient quantities of prescriptions to last through your time abroad (See document "Transporting Medication Abroad" in your pre-departure packet flash drive).
- Medical conditions.** You will have the opportunity to communicate any medical conditions to SAI through the [pre-departure form](#).



COMMUNICATION

- Research your cell phone options.** SAI offers an optional cell phone rental service, or you can purchase an international plan through your current provider or buy one in-country. Do your own research; compare the various options. [cell phone info](#).
- Download useful apps.** Alumni have said that **WhatsApp** and **Venmo** are useful while abroad.
- Join the SAI Facebook group.** You will receive an invite to a closed group where you will have the chance to get to know the rest of the students studying abroad through SAI in your host city during your term.

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FINAL SAI PREPARATION

- Gather permit to stay documents** (if applicable, refer to pre-departure packet from SAI). Receive your pre-departure packet. About 8 weeks prior to departure you will receive a pre-departure packet with a flash drive loaded with your student handbook, details on your session's excursions, health insurance, and further information to help you prepare for your time abroad.
- Be sure you have your GeoBlue health insurance card.** You will receive one in the mail, or you can login and print your card on the GeoBlue website.
- Review your program information emails (travel arrangements, academics, services).** These were sent to you upon enrolling in the SAI program and can also be found in your SAI student portal.
- 14 days prior to departure: receive your housing assignment.** Print and bring in your carry-on.
- 10 days prior to departure: receive airport pick-up and orientation information.** Print and bring in your carry-on.
- Pack the following in your carry-on:**
 - Passport
 - Plane ticket
 - Permit to Stay documents (if applicable)
 - 3 copies of your passport photo page
 - Copies of credit/debit cards
 - Class schedule
 - Housing assignment
 - SAI Arrival Guide and Orientation Guide
 - GeoBlue health insurance ID card
 - Prescription medications in their original containers, and letter from doctor (if applicable). See document "Transporting Medication Abroad" in your pre-departure packet flash drive.
 - 200 euros (in cash)
 - Toothbrush, toothpaste (under 3oz), snacks, and a change of clothes.
This will make you more comfortable and give you a quick refresh before landing!

Pack your bags and set off on the experience of a lifetime!

QUESTIONS?

SAI Milan Admissions Office:
800.655.8965
michaela@saiprograms.com